



Lesson 30: Seeing a Doctor

Exercise 01

Vocabulary

cough	(N)	an illness that makes you cough	His cough is getting worse.
recover from	(PHRASE)	to get well after being sick	What should I do to recover from my sickness?
medicine	(N)	a substance that you drink or swallow in order to recover from an illness	Taking the right medicine will help you get well.
healthy	(ADJ)	having good health, not being sick	You always look healthy . What is the secret?
checkup	(N)	a medical examination by a doctor to make sure you are healthy	You need to have a monthly checkup .

Exercise 02

Dialogue Practice

Read the dialogue aloud with your teacher.

Bob has a cough. He went to a doctor.



Bob

Doctor, what can I do to recover from my cough?



Doctor

I will give you some cough medicine to take.



Bob

Okay, thanks. How often should I take it?





Doctor

You should take two tablets before you go to bed.



Bob

How many days should I take it for?



Doctor

At least five days. Get plenty of rest, and eat some healthy foods like fruit and vegetables so that you get healthy again. Then, come back again for a checkup.



Bob

Thank you, doctor. I appreciate it.

Check your understanding:

- What illness does Bob have?
- How many days should he take the medicine for?
- What advice did the doctor give Bob?

Exercise 03

Role Play

Read the dialogue aloud with your teacher.

Situation:

- You visit a doctor because you are not feeling well.
- Your teacher will play the role of the doctor.
- Tell him/her how you feel.



Exercise 04

Discussion

- 1) Do you see a doctor whenever you feel sick?
- 2) Do you have a personal doctor?
- 3) Is it important to follow the doctor's advice? Why or why not?
- 4) Do you think doctors know best? Why do you think so?
- 5) If given a choice, would you want to be a doctor? Why or why not?
- 6) What do you do to stay healthy?
- 7) Do you agree that prevention is better than cure?

